



# SoCal Early Bird's Training Race Series



Category 5/novice, Category 4 and Category 3 riders gain upgrade points each day for clinics and mentored events.

Each evening will have pre ride instruction, coached events & training Races, and post event discussion. We will be using the Beginning Racer Program and advanced curricula along with race events each week on a closed course.

Clinics and races start at 6:00 PM each evening and often go until dusk.

Date	Check in	Start Time	Event	Entry Fee Adult	Entry Fee Junior/U23/Women	Entry Fee Ages 5 - 8
June 23	5:30 PM	6:00 PM	Get Ready to Race	\$30	\$20	Free
June 30	5:30 PM	6:00 PM	Cornering	\$30	\$20	Free
July 7	5:30 PM	6:00 PM	Advanced Cornering	\$30	\$20	Free
July 14	5:30 PM	6:00 PM	How to Read a Race I	\$30	\$20	Free
July 21	5:30 PM	6:00 PM	How to Read a Race II	\$30	\$20	Free
July 28	5:30 PM	6:00 PM </td <td>Sprinting</td> <td>\$30</td> <td>\$20</td> <td>Free</td>	Sprinting	\$30	\$20	Free
Aug 4	5:30 PM	6:00 PM	Putting it all together	\$30	\$20	Free

All events and programs are subject to current health guidelines and may be modified, rescheduled or canceled. Full refunds will be available. Held under USAC rules. Helmets must be worn at all times while on the bike.

**Covid19 Mitigations:** We are planning on running this program with strict considerations to avoid the spread of Covid-19. The usual prevent concerns: Don't come if you are sick, have been exposed to Covid-19 in the past two weeks, or have symptoms pointing towards Covid-19.

**Registration: ON LINE ENTRY ONLY** Registration at bikereg.com No late entry fee. Register for 2 or more events and get \$5 off on each registration. Check in opens at 5:30 PM. Entry fee includes USAC insurance and any applicable surcharges. *If you are not*

*a USA Cycling license holder you will need to purchase a novice license for the event.* MUST Sign USAC Release Form. Events go on, rain or shine. Registration roll-over or refunds due to and rescheduling or cancelations due to health restrictions. Discounts to GS andiamo members.

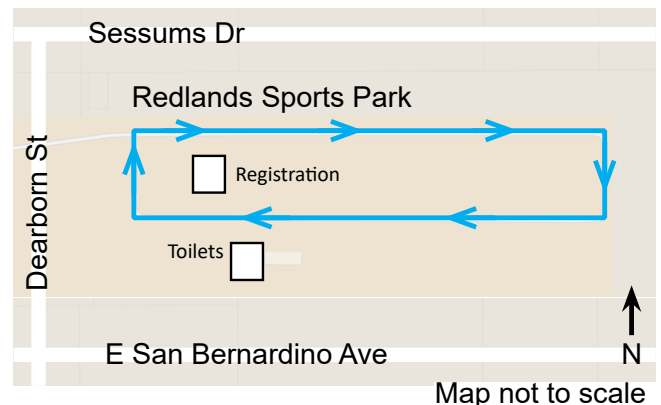
**Locations: Redlands Sports Complex** - 1790 N Dearborn St. Redlands, CA 92374

**Parking:** Along Dearborn Ave.

**More Information:** see [www.gsandiamo.com](http://www.gsandiamo.com)

**Contact:** Coach Sean Wilson, PhD; [sean@gsandiamo.com](mailto:sean@gsandiamo.com)

USAC permit: 2021-3812



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Cancellation: If the event is cancelled due to increase